## Amenability, optimal transport and abstract ergodic theorems

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Using tools from the theory of optimal transport, four results concerning isometric actions of amenable topological groups with potentially unbounded orbits are established. Specifically, consider an amenable topological group G with no non-trivial homomorphisms to  $\mathbb{R}$ . If d is a compatible left-invariant metric on  $G, E \subseteq G$  is a finite subset and  $\epsilon > 0$ , there is a finitely supported probability measure  $\beta$  on G so that

 $\max_{g,h\in E} \mathsf{W}(\beta g,\beta h) < \epsilon,$ 

where W denotes the Wasserstein or optimal transport distance between probability measures on the metric space (G, d). When d is the word metric on a finitely generated group G, this strengthens a well known theorem of H. Reiter. Furthermore, when G is locally compact second countable,  $\beta$  may be replaced by an appropriate probability density  $f \in L^1(G)$ .

Also, when  $G \curvearrowright X$  is a continuous isometric action on a metric space, the space of Lipschitz functions on the quotient  $X/\!\!/ G$  is isometrically isomorphic to a 1-complemented subspace of the Lipschitz functions on X. And finally every continuous affine isometric action of G on a Banach space has a canonical invariant linear subspace. These results generalise previous theorems due to Schneider–Thom and Cúth–Doucha.

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